

# “TALKING WITH BOOKS”

September 2020 Newsletter



Welcome to the first edition of the “**TALKING WITH BOOKS**” Newsletter for the 2020-2021 school year!. This month’s theme is Back to School. Students can practice speech sounds, new vocabulary words, following directions, and answering questions during activities focusing on getting ready for school. At home, please spend at least 10 minutes daily to help develop your child’s communication skills by including reading, rhyming, and cooking, and playing into your child’s home routine. Your follow-up with your child at home will be essential to the success that they will have in the classroom for the rest of the school year. Let’s start the year off by working together as a team to help your child improve his/her communication skills!



## ***Let’s Read!***

Reading to your child works on the following skills:

- improving listening skills
- building vocabulary skills
- supporting early literacy skills

You can reinforce our theme by reading to your child daily at home. Books are available at the public library or for purchase at bookstores and online. These are books we have read in speech and language lessons:

•**“The Bus for Us”**  
by Suzanne Bloom

•**“Mouse’s First Day of School”**  
by Lauren Thompson



## ***Let’s Rhyme!***

Children with speech & language delays benefit from rhyming activities. Rhyming helps students to listen to how words sound the same and helps them focus on sounds in words. You can help by saying this rhyme with your child throughout the month. Be sure to pause before you say a word to let him/her fill in the word that comes next.

*Let’s all walk to school,  
Let’s all walk to school,  
Heigh-ho, here we go!  
Let’s all walk to school.*

*By: Jean Warren*

*Continue singing about other ways to get to school, such as; run, skip, jump, march, stomp, or ride, or fly.*





# Let's Cook

Cooking with your kids in the kitchen is a great learning opportunity. It is a chance to practice following directions, learning new vocabulary words, counting, and requesting items. It is also fun for kids to wear their own apron and chef hat in the kitchen while cooking with you! This month's recipe is Graham Cracker Buses.

**Ingredients:** 1 whole graham cracker, Vanilla Frosting, Yellow Food coloring, Mini Oreo Cookies, 4 Pieces of Chex Cereal

**Directions:** 1) Add yellow food coloring to the icing 2) Spread icing on the graham cracker 3) Place 4 pieces of chex cereal to make windows of the bus 4) Add 2 Mini Oreo Cookies to make the wheels of the bus 5) Sing the song "Wheels on the Bus" 6) Eat your yummy bus for snack!

**Let's Play!** Playtime is important for building your child's vocabulary skills, sequencing skills, language, and imagination skills. Pretend play helps them to visualize events in their head and all of these skills help to build **reading** skills. This month, set up chairs and pretend to be passengers on the bus. Use empty cardboard boxes to pretend to ride a bus. Say things like "I wonder where the bus will go next" and talk about who you might see on the bus and places you might see as you ride on the bus. In our Covid times, you can still do this activity and talk about how you would normally go to school compared to this current school year. Do this type of play for 10 minutes each day to help develop visualization skills that are needed for reading.



I am hopeful that you found the newsletter helpful in understanding more about how to support speech & language development. Take the information provided as a chance to team with me in improving your child's communication skills. A few minutes of reading, rhyming, and cooking each day can go a long way! And always remember to make time to play! Keep up the good work at home.